

European Athletics U18 Championships 2026
Rieti/ITA, 16 - 19 July 2026
 (as of January 2026)

Entry Standards

Athletes	Rounds	Men	Event	Women
32	3	10.85	100m	12.05
32	3	22.10	200m	25.00
32	3	49.40	400m	57.00
32	3	1:54.20	800m	2:12.80
24	2	3:55.00	1500m	4:30.00
15	1	8:24.00	3000m	9:44.00
32	3	14.25	110/100m Hurdles	14.05
32	3	55.00	400m Hurdles	1:02.30
24	2	6:00.00	2000m SC	7:00.00
25	1	23:30.00	5,000m Walk	26:10:00
16	2	NES	Medley Relay	NES
24	2	2.01	High Jump	1.74
24	2	4.60	Pole Vault	3.65
24	2	7.00	Long Jump	5.90
24	2	14.10	Triple Jump	12.20
24	2	16.80	Shot Put	14.40
24	2	52.50	Discus	40.50
24	2	63.00	Hammer	58.00
24	2	62.00	Javelin	46.00
20		6700	Heptathlon/Decathlon	5200

Entry Rules

Only athletes aged at least 16 (sixteen) and not more than 17 (seventeen) years on 31 December 2026 (born in 2009 and 2010) may participate in the European Athletics U18 Championships 2026.

Individual participation (1603.5): Each European Athletics Member Federation may enter up to 3 (three) athletes in each individual event of whom up to 2 (two) may participate provided all of them shall have achieved the entry standard for that event.

Alternatively, to 1603.5, each European Athletics Member Federation may enter one athlete in each individual event if such athlete has not achieved the qualifying standard for that event and if the Member Federation does not have qualified athletes in that event.

However, the total number of athletes without qualifying standards per European Athletics Member Federation shall not exceed two men and two women in total.

If the host country of the European Athletics U18 Championships does not have a qualified athlete in one of the disciplines, it may enter one athlete in this discipline regardless of any Entry Standard.

The acceptance of these unqualified entries is at the discretion of the Technical Delegates, considering the number of entered athletes but always ensuring the quality of the event.

Relay teams (1603.7): Each European Athletics Member Federation may enter 1 (one) team in each relay event. Up to 8 (eight) athletes may be entered for each relay. From these 8 (eight) and from any other athletes entered for any event in the European Athletics U18 Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.

Competitors must comply with eligibility qualifications for Area Games or Championships as set out in the World Athletics rules.

No athlete may compete in the European Athletics U18 Championships unless entered by a European Athletics Member Federation.

Conditions for validity of performances:

- Performances must be achieved between the **1 January 2025** and **5 July 2026**.
- All performances must be achieved during competitions organised or authorised by World Athletics, its Area Associations, or its National Federations, and conducted in conformity with World Athletics Rules and for which an application has been submitted to WA (World Rankings Competition Framework). No results will be considered from competitions not submitted to WA and not included into WA Global Calendar.
European Athletics reserves the right to establish additional criteria for the acceptance of the results for the purpose of the entry standards, with the aim to preserve the integrity of the sport.
- Regarding the Member Federations, who are on the latest Competition Manipulation Watch List, the consequences, as defined by the World Athletics (please, refer to WA Circular Letter

M/49/22), are valid also for the purpose of qualifying to any European Athletics event, including the European Athletics U18 Championships.

- Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with Rule 9 of the World Athletics Technical Rules, performances achieved in events of 5000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender. For Race Walks the results will always be accepted.
- Wind assisted performances (over 2 m/s) will not be accepted; (For the combined events the conditions set in World Athletics Technical Rule will still be applied for qualification purposes, so at least one of the following conditions shall be satisfied:
 - the velocity in any individual event shall not exceed plus 4 m/s.
 - the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 m/s.
- Short track performances will be accepted.
- Hand-timed performances for events up to and including 800m and Medley Relay will not be accepted.
- For Race Walks, results of races conducted on the road will be accepted.
- For the running events of 200m and over, performances achieved on over-sized indoor tracks will be accepted. Subject to that an oval track length is greater than 201.2m (220 yards) but no greater than 400m; and the event is conducted in a competition area or facility in conformity with the Rules and in respect of which, if held on a temporary facility, a survey has been made in accordance with Rule 10 of the World Athletics Technical Rules.

Non-sporting eligibility criteria “I run clean”

Each European Athletics Member Federation may enter only those athletes who have received and hold a valid certification for having completed European Athletics Anti-Doping Education Programme – I Run Clean. The certification is to be achieved by all athletes in addition to fulfilling any requirements for the qualification for the event they are entered in.