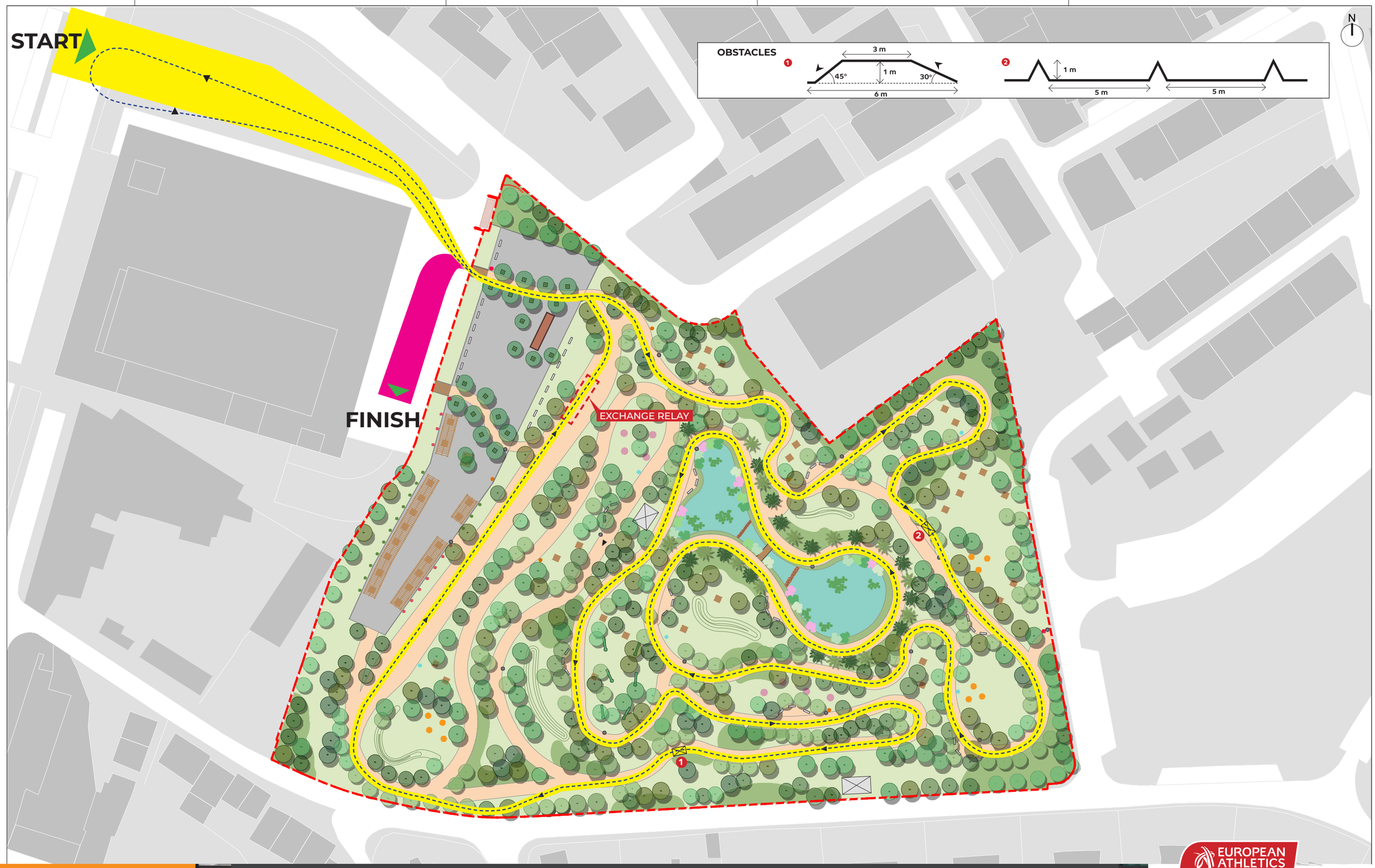
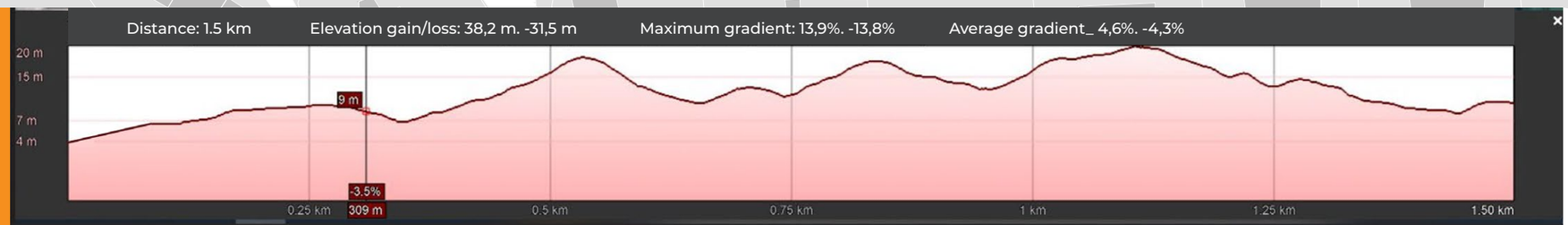


COURSE MAP



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SPAR
CROSS COUNTRY CHAMPIONSHIPS
Lagoa 2025