

**World Athletics Indoor Championships Kujawy Pomorze 26
Qualification System and Entry Standards**

ENTRY RULES

- **Individual Events** (except CE – see later)
 - Each Member will be allowed to participate with a maximum of two qualified athletes (three in case of a Wild Card) in each event, subject to the below.
 - A third (fourth in case of a Wild Card) qualified athlete can be entered as a reserve.
- **Relays**
 - There is no entry standard, and each Member Federation will be able to enter one team of up to eight athletes in each event.
- **Unqualified Athletes**
 - Members who have **no male and/or no female qualified athletes** (eligible by Entry Standard) in any event may enter one unqualified male athlete OR one unqualified female athlete in a running event (except the 800m).
 - In exceptional cases, and as agreed by the Technical Delegates, entry of unqualified athletes in the 800m, Long Jump, Triple Jump or Shot Put may be accepted. Applications for such entries must be submitted to World Athletics (teamservices@worldathletics.org) by no later than **1 March 2026**.
 - If the **host country** does not have a qualified athlete in an event, it may enter one athlete in this event regardless of any Entry Standard (except for the Combined Events). For the Field Events and 800m, the entry is at the discretion of the Technical Delegates and must be submitted to World Athletics (by no later than **1 March 2026**).

Age Requirements

- U20 Athletes: any athlete aged 18 or 19 years on 31 December 2026 (born in 2008 or 2007) may compete in any event.
- U18 athletes: any athlete aged 16 or 17 years on 31 December 2026 (born in 2010 or 2009) may compete in any event except the Shot Put.
- Athletes younger than 16 years on 31 December 2026 (born in 2011 or later) may not compete in any event.

QUALIFICATION SYSTEM

- **Individual athletes (except Combined Events) can qualify in one of three ways:**
 - By achieving the Entry Standard within the qualification period in accordance with the conditions detailed below.
 - By World Indoor Tour Wild Card
 - The individual overall winner of each event of the World Indoor Tour 2026 will automatically qualify for the World Athletics Indoor Championships by Wild Card.
 - The Member Federation of the World Indoor Tour winner will have the ultimate authority to enter the athlete or not, based on its own criteria or qualification system.
 - If a Member Federation has three athletes qualified as a result, all three will be permitted to compete.
 - By virtue of their position in the Top Performances list from 1 November 2025 as of 8 March 2026 to complete, where necessary, the target number of athletes in each event. For the avoidance of doubt, performances from top lists will only be considered for the main event
 - The accepted unqualified athletes will be added to the target number.
A Road to Kujawy Pomorze list will be published and updated every week on the World Athletics website starting from 1 December 2025.



- **Qualification in Combined Events**

- Up to 14 athletes will qualify in the **Heptathlon** and in the **Pentathlon** as follows:
 - Member Federations will be required to send to World Athletics teamservices@worldathletics.org a declaration of interest on behalf of the athletes willing to compete at the 2026 World Indoor Championships. This declaration must be sent by no later than by 31 December 2025.
 - On January 9, 2026, World Athletics will publish a list of qualified athletes together with a list of reserve athletes, from their World Rankings.
 - Member Federations are expected to inform World Athletics of athletes who withdraw in a timely manner to allow the next highest ranked athlete to compete.
 - Only in exceptional cases will additional athletes be added to the list of qualified athletes after December 31.
 - One athlete may be invited at the discretion of World Athletics
 - The competing 14 athletes will be confirmed at the same time as all final entries close.
- In total no more than two male and two female athletes from any one Member will be allowed to compete. Upon refusals or cancellations, the invitations will be extended to the next ranked athletes in the same list respecting the above conditions.

- **Athletes qualified by Top performances list**

- Following the end of the qualification period and the submission of Final Entries, World Athletics shall, for each event (except relays and combined events), assess the number of athletes entered based on:
 - Qualification by entry standard
 - Qualification by Wild Card
- In those events where the target number of entries (see below) has not been reached, World Athletics shall invite the athletes with the next best performance (based on a list starting 1 November 2025 and calculated as of 8 March 2026 included) in order to reach the established target number while respecting the maximum quota by Member Federation by event.

***NB:** In order to pro-actively identify those athletes, MF are asked to pre-enter by 9 March 2026 any athlete who would be competing at the WIC if qualified by Entry Standards or subsequently selected by Top performances list. Athletes whose names are not pre-entered, will not be considered.*
- In case of ties, these will be broken in favour of the athlete with the next best result.
- In exceptional cases, World Athletics reserves the right to add wild card athletes in addition to the quotas achieved in the event.
- On 11 March 2026 World Athletics shall publish the final list of athletes qualified by Entry Standards and by Top performances list (and whose names were pre-entered by the MF *by 9 March 2026*)
- MFs will be asked to confirm their Final Entries by Thursday 12 March 2026 (midnight Monaco time)

TARGET NUMBER OF ATHLETES/TEAMS BY EVENT*

The target number of athletes/teams by event will be as follows:

Events	Target Number
60m	56
400m	30
800m	30
1500m	30
3000m	15
60m hurdles	48
High Jump, Pole Vault	12
Long Jump, Triple Jump, Shot Put	16
Combined Events	14
Relays	n/a

* Accepted unqualified entries will be considered on top of the target numbers

ENTRY STANDARDS AND CONDITIONS

The Entry Standards were approved by the Council in September 2025 following the below scheme:

WOMEN	EVENT	MEN
7.20	60m	6.59
51.75	400m	45.80
2:00.90	800m	1:45.90
4:06.00	1500m	3:36.00
8:35.00	3000m	7:33.00
8.02	60m H	7.65
1.96	HJ	2.30
4.70	PV	5.90
6.75	LJ	8.17
14.15	TJ	16.90
18.90	SP	21.20

CONDITIONS FOR THE VALIDITY OF PERFORMANCES:

- For the Entry Standards, performances must be achieved during the qualification period of 1 November 2025 to 8 March 2026 included
- Performances must be achieved in a competition conducted according to **World Athletics Competition and Technical Rules**, or authorised by World Athletics, its Area Associations or its National Member Federations, and published on the World Athletics Global Calendar: <https://www.worldathletics.org/competition/calendar-results>.
- Performances achieved in **mixed competitions in track events** will not be accepted. Exceptionally, in accordance with Rule 9 of the Technical Rules, performances achieved in the 5000m event may be

accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender under specific circumstances and conditions (see TR9).

- **Wind-assisted performances** will not be accepted.
- **Hand-timed performances** in 60m, 100m, 400m, 800m and 60m Hurdles 100m/110m Hurdles will not be accepted.
- **Performances must be achieved on tracks in accordance with World Athletics requirements**

TIMELINE

