

[Working version]
Jablonec Indoor 2023
Jablonec nad Nisou 21. 1. 2023
GUIDELINES FOR ATHLETES

All events are subject to the WA Book of Rules.

Changing rooms

Changing rooms are on the 1st floor – women, 2nd floor - men (European system of counting). Please do not leave your valuables in the changing rooms. The organizer cannot guarantee their safety.

Warm-up

JUDO arena is located on the 2nd floor beyond the men's changing rooms. It can be used for a light warm-up however there is a no – shoes policy.

Main warm-up area will be directly in the athletic arena on the back straight. Trial attempts are allowed only with the referees present after being led to the event sector from the call room.

Training

Official training is on Friday 20. 1. 19:00-21:00 and if required it is possible to warm-up on Saturday 21. 1. 10:00-11:00.

Call Room procedures

Call room will be in the room near the middle of the warm-up area. The BIB number will be checked, furthermore the type of shoe of randomly chosen athletes can be checked.

Shot-put – implement control

Weight-in will be available in the call room. It will be available from 15:00 to 16:15 (at 16:20 the shot puts will be brought to the shot-put sector).

Electronic devices

Electronic and other devices (phone, smart watch, speaker, headphones...) are not allowed in the field. Competitor can keep them, but they must be turned off and keep them in their luggage.

Entry on the field

There can be only competitors that are currently competing or warming up before their event. Coaches will be granted access after showing accreditation but can only be beyond the rail.

Competitors that are not part of the main part of main events must leave the field before 16:30.

Start list and results

Official results will be available on the wall near the entrance on the ground floor and on 1st floor near the ticket sales booth. They will also be available on the website of the Czech Athletic Federation (<https://online.atletika.cz/vysledky/65740>). (Be careful of the forbidden use of electronics in the field.)



Doctor, medical assistance

Medical assistance will be present in the office #2 in the adjacent building – entrance near the 30 m mark of the track.

Doping control

Any and every competitor is required to comply with the instructions of the doping control delegates if they are chosen.

Transit from the “Merkur” hotel

Hotel Merkur → Athletic area Střelnice: 14:30, 15:00, 15:30, 16:00, 16:30, 17:00, 17:30

Athletic area Střelnice → Hotel Merkur: 19:20, 19:30, 19:40, 19:50, 20:00.

For the official training on Friday (20. 1.) there will be the possibility of ordering a taxi on the reception of the hotel.

Protests

Protests must be submitted within 30 minutes after the official (paper) posting of the results. The protest needs to be given to a member of the Jury of Appeal in a written form with a 500CZK/20EUR deposit. The Jury of Appeal will investigate and issue a written decision. In a case of a dismissal the deposit will not be returned.

Jury

- Chief referee – Božena Šulcová
- EA technical delegate – Peter Kerner (HU)
- Race director – Martin Mikula
- (Secretary of Jury: CAF delegate – Libor Dinga)

Prizes

Bronze meeting – 60 m women, 60 m men, Shot-put men:

1st place – 1000 EUR

2nd place – 600 EUR

3rd place – 400 EUR

4th place – 300 EUR

5th place – 200 EUR

100 m women and men:

1st place – Golden ingot

Stadium (indoor) record 100 m – 200 EUR.

60 m H women, 60 m H men, Long-jump women, Long-jump men:

1st place – 200 EUR

2nd place – 150 EUR

3rd place – 100 EUR

	A (100% payout)	B (50% payout)
60 m H Women	8,30 s	8,60 s
60 m H Men	7,82 s	8,15 s
Long-jump Women	6,20 m	5,90 m
Long-jump Men	7,50 m	7,20 m

Extra reward

For a MR (meeting record) there is an extra 1 000 EUR reward.

MR

60 m Men	6,50 s	Richard Kilty	Velká Británie	2016
60 m H Men	7,51 s	Petr Svoboda	PSK Olymp Praha	2018
Long jump Men	8,08 m	Ron Beer	NDR	1987
Shot-put Men	21,71 m	Remigius Machura	USK Praha	1985
100 m Men	10,49 s	Ivo Pištěk	SSK Vítkovice	1988
60 m Women	7,10 s	Michelle-Lee-Ahye	Trinidad a Tobago	2016
60 m H Women	7,81 s	Cornelia Oschkenat	NDR	2018
Long jump Women	6,97 m	Eva Murkková	PF Banská Bystrica	1985
100 m Women	11,51 s	Monika Špičková	Bohemians Praha	1989

The payout will be available after the final winner ceremony.

Ceremony

Will be at 19:20. Winner participation is mandatory. Winners are to come to the office #1 in the adjacent building – entrance at the 30 m mark at 19:10 (winners of 100 m right after the end of the heat).

Minute-by-minute timetable:

Start	Event	Entry to the arena	Call room (end)	Introduction
SECONDARY PROGRAMME				
14:00	60 m H – U16 Female	12:30	-	-
14:00	Pole vault - Men	12:30	-	-
14:10	Long-jump - Women	12:40	-	-
14:20	60 m H – U16 Male	12:50	-	-
14:30	60 m H - U18 Male (1)	13:00	-	
14:35	60 m H - U18 Male (2)	13:00	-	-
15:00	60 m – Men (Q1)	13:30	-	-
15:05	60 m – Men (Q2)	13:30	-	-
15:10	60 m – Men (Q3)	13:30	-	-
15:15	60 m – Men (Q4)	13:30	-	-
15:20	60 m – Women (Q1) [3q]	13:50	-	-
15:25	60 m – Women (Q2) [3q]	13:50	-	-
MAIN PROGRAMME				
16:45	Opening ceremony			
16:50	60 m (Heat 1) – Women	15:20	16:35	16:49
16:56	60 m (Heat 2) – Women	15:20	16:41	16:55
17:02	60 m (Heat 1) – Men	15:32	16:47	17:01
17:08	60 m (Heat 2) – Men	15:32	16:53	17:07
17:14	60 m (Heat 3) – Men	15:32	16:59	17:13
17:20	Shot-put 7,26 kg – Men	15:30	16:40	17:15
17:25	60 m H (Heat 1) – Women	15:55	17:05	17:24
17:32	60 m H (Heat 2) – Women	15:55	17:12	17:31
17:39	60 m H (Heat 3) – Women	15:55	17:19	17:38
17:50	60 m H (Heat 1) – Men	16:20	17:30	17:49
17:55	Long-jump – Men	16:00	17:15	17:51
18:00	60 m (Final) – Women	Can stay after heat	17:45	17:59
18:07	60 m (Final) – Men	Can stay after heat	17:52	18:06
18:13	50 m (Fastest first-grader) – Girls	18:00	-	18:12
18:18	50 m (Fastest first-grader) – Boys	18:00	-	18:17
18:30	60 m H (Final) – Women	Can stay after heat	18:10	18:29
18:45	60 m H (Final) – Men	Can stay after heat	18:25	18:44
18:55	100 m – Women (Run 1)	17:25	18:40	18:54
19:01	100 m – Women (Run 2)	17:25	18:46	19:00
19:07	100 m – Men (Run 1) Challengers	17:37	18:52	-
19:13	100 m – Men (Run 2) Challengers	17:37	18:58	-
19:19	100 m – Men (Run 3)	17:37	19:04	19:18
19:25	100 m – Men (Run 4)	17:37	19:10	19:24
19:31	100 m – Men (Run 5)	17:37	19:16	19:30
19:40	CLOSING CEREMONY (Winner ceremony)			